ANNUNCIATION CATHEDRAL
SAN FRANCISCO, CALIFORNIA

Sunday Bulletin – August 9, 2026

Hymns of the Day - Υμνολογία

Resurrectional Apolytikion in the 1st Tone
Although the stone was sealed by the Jews, and the soldiers guarded Your most pure body, You arose on the third day, O Savior, giving life to the world. For this reason, the heavenly powers cried out to you, O Giver of Life: Glory to Your resurrection, O Christ! Glory to Your kingdom! Glory to Your dispensation, only Lover of Mankind!

Τοῦ λίθου σφραγισθέντος ὑπὸ τῶν Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων τὸ ἄχραντόν σου σῶμα, ἀνέστης τριήμερος Σωτήρ, δωρούμενος τῷ κόσμῳ τὴν ζωήν. Διὰ τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι Ζωοδότα· Δόξα τῇ ἀναστάσει σου Χριστέ, δόξα τῇ Βασιλείᾳ σου, δόξα τῇ οἰκονομίᾳ σου, μόνε Φιλάνθρωπε.

Apolytikion for Afterfeast of the Transfiguration in the Grave Tone
Thou wast transfigured on the mountain, O Christ our God, showing to Thy disciples Thy glory as each one could endure. Shine forth Thou on us, who are sinners all, Thy light ever-unending, through the prayers of the Theotokos. Light-bestower, glory be to Thee.

Μετεμορθώθης εν τώ όρει Χριστέ ο Θεός, δείξας τοίς Μαθηταίς σου τήν δόξαν σου, καθώς ήδυναντο, Λάμψον καί ημίν τοίς αμαρτωλοίς, τό φώς σου τό αϊδιον, πρεσβείαις τής Θεοτόκου, φωτοδότα δόξα σοι.

Apolytikion for the Church Annunciation in the 1st Tone
Today is the beginning of our salvation, and the revelation of the eternal mystery: the Son of God becomes the Son of the Virgin, and Gabriel announces the good tidings of grace; wherefore, let us cry with him to the Virgin: "Rejoice, O Full of Grace,! the Lord is with you!"

Σήμερον της σωτηρίας ημών το κεφάλαιον, και του απ'αιώνος μυστηρίου η φανέρωσις, ο Υιός του Θεού, Υιός της Παρθένου γίνεται, και Γαβριήλ την χάριν ευαγγελίζεται. Διό και ημείς συν αυτώ τη Θεοτόκω βοήσωμεν: Χαίρε Κεχαριτωμένη, ο Κύριος μετά σου.

Seasonal Kontakion in the Grave Tone
You were transfigured upon the mount, O Christ our God, and Your disciples, in so far as they could bear, beheld Your glory. Thus, when they see You crucified, they may understand Your voluntary passion, and proclaim to the world that You are truly the effulgence of the Father.

Επί τού όρους μετεμορφώθης, καί ως εχώρουν οι Μαθηταί σου τήν δόξαν σου, Χριστέ ο Θεός εθεάσαντο, ίνα όταν σε ίδωσι σταυρούμενον, τό μέν πάθος νοήσωσιν εκούσιον, τώ δέ κόσμω κηρύξωσιν, ότι σύ υπάρχεις αληθώς, τού Πατρός τό απαύγασμα.

Gospel and Epistle - Αναγνώσματα

Epistle Readings

Prokeimenon. 1st Tone. Psalm 32.22,1.
Let your mercy, O Lord, be upon us.
Verse: Rejoice in the Lord, O ye righteous.

The reading is from St. Paul's First Letter to the Corinthians 4:9-16.

Brethren, God has exhibited us apostles as last of all, like men sentenced to death; because we have become a spectacle to the world, to angels and to men. We are fools for Christ's sake, but you are wise in Christ. We are weak, but you are strong. You are held in honor, but we in disrepute. To the present hour we hunger and thirst, we are ill-clad and buffeted and homeless, and we labor, working with our own hands. When reviled, we bless; when persecuted, we endure; when slandered, we try to conciliate; we have become, and are now, as the refuse of the world, the off-scouring of all things. I do not write this to make you ashamed, but to admonish you as my beloved children. For though you have countless guides in Christ, you do not have many fathers. For I became your father in Christ Jesus through the gospel. I urge you, then, be imitators of me.

Προκείμενον. 1st Tone. ΨΑΛΜΟΙ 32.22,1.
Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς.
Στίχ. Ἀγαλλιᾶσθε δίκαιοι ἐν Κυρίῳ

τὸ Ἀνάγνωσμα Πρὸς Κορινθίους α' 4:9-16.

Ἀδελφοί, ὁ θεὸς ἡμᾶς τοὺς ἀποστόλους ἐσχάτους ἀπέδειξεν ὡς ἐπιθανατίους· ὅτι θέατρον ἐγενήθημεν τῷ κόσμῳ, καὶ ἀγγέλοις, καὶ ἀνθρώποις. Ἡμεῖς μωροὶ διὰ Χριστόν, ὑμεῖς δὲ φρόνιμοι ἐν Χριστῷ· ἡμεῖς ἀσθενεῖς, ὑμεῖς δὲ ἰσχυροί· ὑμεῖς ἔνδοξοι, ἡμεῖς δὲ ἄτιμοι. Ἄχρι τῆς ἄρτι ὥρας καὶ πεινῶμεν, καὶ διψῶμεν, καὶ γυμνητεύομεν, καὶ κολαφιζόμεθα, καὶ ἀστατοῦμεν, καὶ κοπιῶμεν ἐργαζόμενοι ταῖς ἰδίαις χερσίν· λοιδορούμενοι εὐλογοῦμεν· διωκόμενοι ἀνεχόμεθα· βλασφημούμενοι παρακαλοῦμεν· ὡς περικαθάρματα τοῦ κόσμου ἐγενήθημεν, πάντων περίψημα ἕως ἄρτι. Οὐκ ἐντρέπων ὑμᾶς γράφω ταῦτα, ἀλλ’ ὡς τέκνα μου ἀγαπητὰ

νουθετῶ. Ἐὰν γὰρ μυρίους παιδαγωγοὺς ἔχητε ἐν Χριστῷ, ἀλλ᾽ οὐ πολλοὺς πατέρας· ἐν γὰρ Χριστῷ Ἰησοῦ διὰ τοῦ εὐαγγελίου ἐγὼ ὑμᾶς ἐγέννησα. Παρακαλῶ οὖν ὑμᾶς, μιμηταί μου γίνεσθε.

Gospel Readings

10th Sunday of Matthew

Matthew 17:14-23

At that time, a man came up to Jesus and kneeling before him said, "Lord, have mercy on my son, for he is an epileptic and he suffers terribly; for often he falls into the fire, and often into the water. And I brought him to your disciples, and they could not heal him." And Jesus answered, "O faithless and perverse generation, how long am I to be with you? How long am I to bear with you? Bring him here to me." And Jesus rebuked him, and the demon came out of him, and the boy was cured instantly. Then the disciples came to Jesus privately and said, "Why could we not cast it out?" He said to them, "Because of your little faith. For truly I say to you, if you have faith as a grain of mustard seed, you will say to this mountain, 'Move hence to yonder place,' and it will move; and nothing will be impossible to you. But this kind never comes out except by prayer and fasting." As they were gathering in Galilee, Jesus said to them, "The Son of man is to be delivered into the hands of men, and they will kill him, and he will be raised on the third day."

Κατὰ Ματθαῖον 17:14-23

Τῷ καιρῷ ἐκείνῳ, ἐλθόντων αὐτῶν πρὸς τὸν ὄχλον προσῆλθεν αὐτῷ ἄνθρωπος γονυπετῶν αὐτὸν καὶ λέγων· Κύριε, ἐλέησόν μου τὸν υἱόν, ὅτι σεληνιάζεται καὶ κακῶς πάσχει· πολλάκις γὰρ πίπτει εἰς τὸ πῦρ καὶ πολλάκις εἰς τὸ ὕδωρ. καὶ προσήνεγκα αὐτὸν τοῖς μαθηταῖς σου, καὶ οὐκ ἠδυνήθησαν αὐτὸν θεραπεῦσαι. ἀποκριθεὶς δὲ ὁ ᾽Ιησοῦς εἶπεν· ὦ γενεὰ ἄπιστος καὶ διεστραμμένη! ἕως πότε ἔσομαι μεθ᾽ ὑμῶν; ἕως πότε ἀνέξομαι ὑμῶν; φέρετέ μοι αὐτὸν ὧδε. καὶ ἐπετίμησεν αὐτῷ ὁ ᾽Ιησοῦς, καὶ ἐξῆλθεν ἀπ᾽ αὐτοῦ τὸ δαιμόνιον καὶ ἐθεραπεύθη ὁ παῖς ἀπὸ τῆς ὥρας ἐκείνης. Τότε προσελθόντες οἱ μαθηταὶ τῷ ᾽Ιησοῦ κατ᾽ ἰδίαν εἶπον· διατί ἡμεῖς οὐκ ἠδυνήθημεν ἐκβαλεῖν αὐτό; ὁ δὲ ᾽Ιησοῦς εἶπεν αὐτοῖς· διὰ τὴν ἀπιστίαν ὑμῶν. ἀμὴν γὰρ λέγω ὑμῖν, ἐὰν ἔχητε πίστιν ὡς κόκκον σινάπεως, ἐρεῖτε τῷ ὄρει τούτῳ, μετάβηθι ἐντεῦθεν ἐκεῖ, καὶ μεταβήσεται, καὶ οὐδὲν ἀδυνατήσει ὑμῖν. τοῦτο δὲ τὸ γένος οὐκ ἐκπορεύεται εἰ μὴ ἐν προσευχῇ καὶ νηστείᾳ. ᾽Αναστρεφομένων δὲ αὐτῶν εἰς τὴν Γαλιλαίαν εἶπεν αὐτοῖς ὁ ᾽Ιησοῦς· μέλλει ὁ υἱὸς τοῦ ἀνθρώπου παραδίδοσθαι εἰς χεῖρας ἀνθρώπων καὶ ἀποκτενοῦσιν αὐτόν, καὶ τῇ τρίτῃ ἡμέρᾳ ἐγερθήσεται. καὶ ἐλυπήθησαν σφόδρα.ν αὐτῷ λέγοντες, ᾽Αληθῶς Θεοῦ υἱὸς εἶ. Καὶ διαπεράσαντες ἦλθον ἐπὶ τὴν γῆν εἰς Γεννησαρέτ.

Saints and Feasts - Εορτές

Herman the Wonderworker of Alaska & First Saint of America

Saint Herman (his name is a variant of Germanus) was born near Moscow in 1756. In his youth he became a monk, first at the Saint Sergius Hermitage near Saint Petersburg on the Gulf of Finland; while he dwelt there, the most holy Mother of God appeared to him, healing him of a grave malady. Afterwards he entered Valaam Monastery on Valiant Island in Lake Ladoga; he often withdrew into the wilderness to pray for days at a time. In 1794, answering a call for missionaries to preach the Gospel to the Aleuts, he came to the New World with the first Orthodox mission to Alaska. He settled on Spruce Island, which he called New Valaam, and here he persevered, even in the face of many grievous afflictions mostly at the hands of his own countrymen in the loving service of God and of his neighbour. Besides his many toils for the sake of the Aleuts, he subdued his flesh with great asceticism, wearing chains, sleeping little, fasting and praying much. He brought many people to Christ by the example of his life, his teaching, and his kindness and sanctity, and was granted the grace of working miracles and of prophetic insight. Since he was not a priest, Angels descended at Theophany to bless the waters in the bay; Saint Herman used this holy water to heal the sick. Because of his unwearying missionary labours, which were crowned by God with the salvation of countless souls, he is called the Enlightener of the Aleuts, and has likewise been renowned as a wonderworker since his repose in 1837.

Wisdom of the Fathers - Σοφία των Πατέρων

Here Christ is not speaking of that faith which believes in Him undoubtingly and knows Him to be true God, but of the faith (needed) to work miracles. If ye have faith, He said, so exceedingly warm and burning as a grain of mustard seed (for these are its qualities), and if it is believed without a doubt that ye will perform signs, then ye will receive such power, that if ye desire to move the very mountains, ye will move them. ***St. John Chrysostom***

Announcements - Ανακοινώσεις

Welcome to Annunciation Cathedral: If you are visiting our parish, new to the community, or exploring the Orthodox Faith, we are very glad you are here. Please feel free to introduce yourself to the clergy and parishioners after the Divine Liturgy. We would be honored to get to know you and help you become connected to the life of the Church.

Services This Week: Monday, August 10: Paraklesis to the Theotokos (6:00 PM); Tuesday, August 11: Paraklesis to the Theotokos (6:00 PM); Wednesday, August 12: Paraklesis to the Theotokos (6:00 PM); Thursday, August 13: Paraklesis to the Theotokos (6:00 PM); Friday, August 14: Great Vespers of the Dormition (6:00 PM); Saturday, August 15: Great Feast of the Dormition of the Theotokos (Orthros 8:30 AM, Divine Liturgy 9:45 AM), Holy Confessions (3:00 PM), Great Vespers (4:00 PM).

Celebration of the Feast of the Dormition of the Theotokos: Please join us on Saturday, August 15, following Divine Liturgy, as we celebrate the Feast of the Dormition of the Theotokos with a special luncheon and panayiri gathering. Come together with family and friends for fellowship, delicious food, and a celebration of our Orthodox faith and Greek heritage. All are welcome to attend as we honor the Mother of God and share in the joy of this special feast day. Visit www.annunciation.org/paniyiri to RSVP.

Philoptochos Festival Baking: Come join the Annunciation Ladies Philoptochos this Tuesday, August 11 at 10:30 AM as they prepare their delicious Galaktoboureko for our Festival, our most requested pastry! No experience is needed, our wonderful Philoptochos bakers will provide lessons! There will be a second opportunity to prepare Galaktoboureko on Friday, August 28 at 10:30 AM as well, mark your calendars! If you have any questions, contact Meena Vellis at: meena.vellis@annunciation.org

Help Spread the Word About Our 75th Greek Food Festival: Our 75th Annual San Francisco Greek Food Festival is almost here, and we need your help to spread the word! Please pick up a few festival posters and postcards, available just outside the Narthex, and share them with friends, family, neighbors, and coworkers. If you know of a local business that would display a poster or offer postcards to customers, we would greatly appreciate your support. Together, let's make our 75th Anniversary Festival our best-attended celebration yet!

2026 Festival Volunteer Opportunities: Our Annunciation Greek Food Festival is only possible because of the dedication of our parish family. Whether you can serve for a few hours or throughout the weekend, we invite you to be part of this year's festival by volunteering in one of our many booths and service areas. It's a wonderful opportunity for fellowship, stewardship, and sharing our faith and hospitality with the guests who visit our parish each year. Sign up today at www.annunciation.org/festival-signup and help make the 2026 Festival a success!

2026 Festival Commemorative Album: Our annual Greek Food Festival is a cherished celebration of our faith, heritage, and community, while also serving as an important fundraiser for Annunciation Cathedral. One meaningful way to support the festival is by participating in our 2026 Festival Commemorative Album. Whether you're promoting a business, sharing a family message, or honoring a loved one, your participation helps make this milestone event a success. If you've supported the album in the past but haven't participated recently, we invite you to join us again. You may submit your message and upload your artwork online at www.annunciation.org/commemorative_album

Continued to next page

Youth Religious Learning Opportunities: The Cathedral's Religious Learning Ministry helps children and youth grow in their understanding of the Orthodox Faith through age-appropriate lessons, discussion, service opportunities, and meaningful engagement with the life of the Church. We are currently gathering interest from families with children in Pre-K through 12th Grade and seeking volunteers who would like to help teach, mentor, and support our youth. To learn more about the ministry and complete the appropriate interest form, please visit www.annunciation.org/religious-learning-ministry.

Community Kitchen: Let us come together to prepare, serve, and share a hot meal with our neighbors. The next Community Kitchen will on Tuesday, August 18 . You can sign up to volunteer at www.annunciation.org/ck-signup. If you would like to support this important ministry by making a financial donation, visit www.annunciation.org/ck-donate.

2026 Stewardship: "What shall I give to the Lord in return for all His goodness towards me?" Psalm 116:12. We invite you to become a steward today! Your stewardship donations directly impact our Cathedral ministries such as: Elpida religious youth program, HOPE/JOY, GOYA, Community Kitchen, Cathedral Choir, Men's Fellowship, Athletics, Dance and Greek School programs, and all the operational expenses of the Cathedral. Use the QR code below to pledge or fill out a form and turn into the Pangari today!

An Invitation To Host Coffee Hour: As part of our revitalized coffee hour program, we invite ministries, organizations, and parishioners (individually or in teams) to host a Sunday coffee hour. We'll provide the coffee, cream, sugar, tablecloths, napkins, and utensils; hosts are asked to bring light refreshments such as pastries, bagels, fruit, or similar items. To sign up or learn more, contact Irene Melitas at irene.melitas@annunciation.org or 925-212-8561.

Scan Here To Complete Your 2026 Stewardship Pledge!

www.annuncitiation.org/pledge

Chant Stand Liturgical Text for Today's Services:

https://dcs.goarch.org/goa/dcs/parish.html