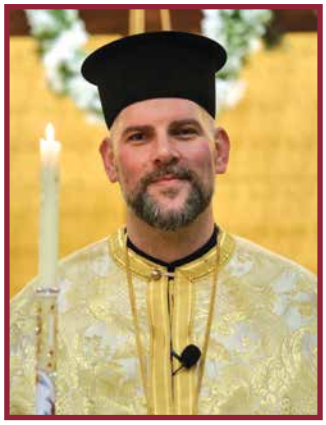
ANNUNCIATION CATHEDRAL
HERALD

AUGUST 2026 | 245 VALENCIA STREET, SAN FRANCISCO, CA 94103 • (415) 864-8000 • WWW.ANNUNCIATION.ORG

Father's Feature

Rev. Fr. Constantinos Economos

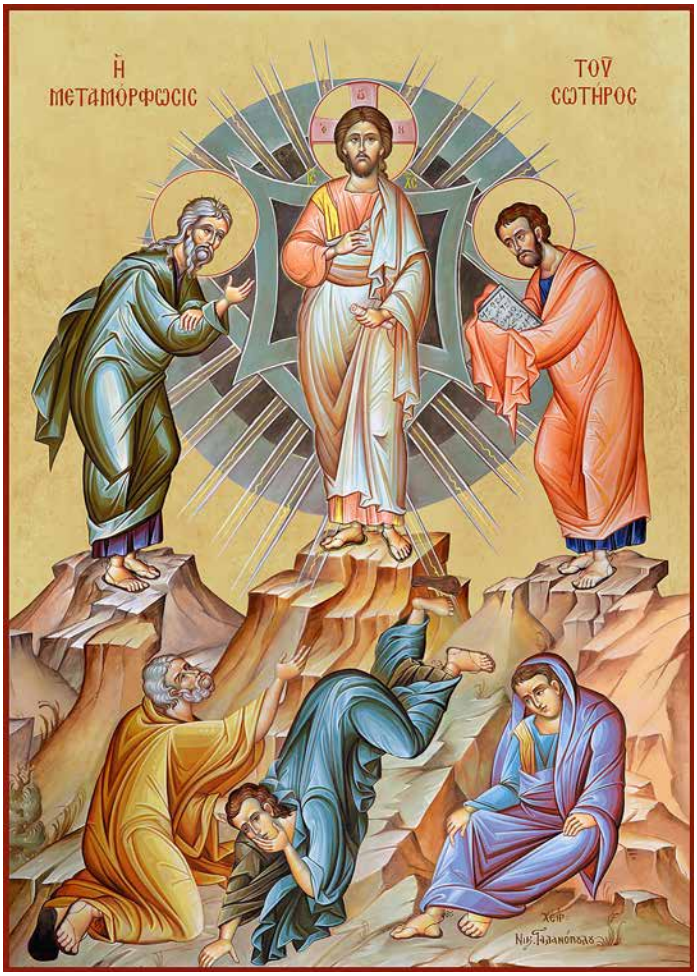


The Metamorphosis of Christ

August is a month full of spiritual richness, and most of us rightly pour our hearts into "the Pascha of the Summer", the Dormition of the Theotokos. That devotion is beautiful and well-deserved. But in our love for the Mother of God, we sometimes drift past one of the most striking moments in Christ's entire ministry: the Transfiguration, or Metamorphosis. This feast is not a footnote. It binds the Old and New Testaments together, unmistakably reveals Christ's divinity in the flesh, and prepares the Apostles—and us—for the Cross that would come just forty days later. More than a historical milestone, the Transfiguration holds up a mirror to what our own lives are meant to become. It is, at its core, an icon of Theosis: our calling to be transformed and drawn into union with God.

The Uncreated Light of Mount Tabor: When Christ led Peter, James, and John up the mountain, His face shone like the sun and His garments turned white as light (Matthew 17:2). This wasn't a change in Christ—it was a change in the disciples' ability to see. Their eyes were opened to the glory He had always carried. St. Gregory Palamas put it simply: "He was transfigured, not by acquiring what He was not, but by manifesting to His disciples what He was, opening their eyes and giving sight to the blind." That same light is what we are made for. In the Orthodox understanding, salvation isn't a legal transaction; it's a transformation of our whole being, until we become, as St. Peter writes, "partakers of the divine nature" (2 Peter 1:4).

A Mirror of Our Own Potential: The Transfiguration shows us what a human life looks like when it's fully alive in God, body and soul saturated by the Holy Spirit. St. Athanasius captured this mystery with quickness: "God became man so that man might become god." When we gaze at the radiant Christ on Tabor, we are looking at what we are meant to be. The weight of our sins, our restlessness, our endless distractions, all of it is meant to be gently burned away by His presence, leaving something cleaner and more luminous behind.



A Modern Witness to the Taboric Light: This isn't ancient philosophy gathering dust. St. Porphyrios of Kavsalyvia, who reposed in 1991, described how this transformation actually feels from the inside: "When Christ enters our heart, life changes. We live in the light, we see everything with different eyes... We don't have to fight darkness; we just have to let the Light in, and the darkness disappears on its own."

Bringing Tabor Into Your Home: The mystery of the Transfiguration doesn't stay on the mountain; it's meant to come

continued on page 2

We invite you to join us:
Orthros 8:45. Divine Liturgy 10:00am

from page 1

home with us. On this feast, the Church traditionally blesses the first-fruits of the harvest, especially grapes, as a reminder that all of creation is offered back to God and transformed by His grace. A simple way to carry this into your domestic church: set a bowl of grapes or seasonal fruit at your icon corner and offer a prayer of thanks for God's abundance.

Beyond the table, we celebrate this feast by making actual room for the Light. Carve out a few quiet minutes this week—phone down, noise off—and let the stillness do its work. And in your relationships, try seeing the people around you the way the Transfiguration invites us to: not through the lens of their failures or your frustrations, but as icons of Christ, shot through with divine potential.

Living the Transfiguration This August: as we move through this beautiful month, let's hold both loves together, our tenderness for the Panagia and a fresh, unhurried attention to the Metamorphosis of her Son.

Every fast, every Liturgy, every honest prayer is a step up our own Mount Tabor. May the Lord transfigure our hearts, heal our passions, and give us even a glimpse of His uncreated grace—so that we too can say with Peter, "Lord, it is good for us to be here."

Ἀπολυτίκιον τῆς Ἑορτῆς.

Ἦχος βαρύς.

Μετεμορφώθης ἐν τῷ ὄρει Χριστὲ ὁ Θεός, δείξας τοῖς Μαθηταῖς σου τὴν δόξαν σου, καθὼς ἠδύναντο. Λάμψον καὶ ἡμῖν τοῖς ἁμαρτωλοῖς, τὸ φῶς σου τὸ ἀΐδιον, πρεσβείαις τῆς Θεοτόκου, φωτοδότα δόξα σοι.

Apolytikion of the Feast

Grave Mode

You were transfigured upon the mountain, O Christ our God, showing to Your disciples Your glory as much as they could bear. Do also in us, sinners though we may be, shine Your everlasting light, by the intercessions of the Theotokos, O Giver of light. Glory to You.

Rev. Fr. Constantinos Economos
π. Κωνσταντίνος Οικονόμου

Dean, Annunciation Cathedral
Ιερατικώς Προϊστάμενος

Annunciation Well Represented at the 2026 Clergy-Laity Congress

Annunciation Cathedral was proudly represented at the **2026 Greek Orthodox Archdiocese Clergy-Laity Congress** by **Father Constantinos**, who returned from Greece to attend the week-long event, and **Denise Yeilding**, Parish Council Member and Stewardship Chairperson, who served as our official voting delegates.

Also attending from our parish was **Patty Rally**, who participated in a variety of educational seminars, ministry workshops, and special events offered throughout the Congress. **Grace Koutoulas**, President of our Philoptochos, attended the **National Philoptochos Biennial Convention**, which was held concurrently at the same location.

The Clergy-Laity Congress is the highest legislative gathering of the Greek Orthodox Archdiocese of America, bringing together clergy and lay delegates from parishes across the country. In addition to the official Plenary Sessions, attendees had the opportunity to participate in a wide variety of inspiring workshops and presentations led by nationally recognized speakers. Seminar topics covered parish leadership, stewardship, youth and family ministries, evangelism, technology, communications, and many other areas that support the continued growth and vitality of our parishes.

One of the highlights of the Congress was the unveiling of several exciting new ministry initiatives by the Archdiocese. Department leaders introduced innovative programs, new technology resources for parishes, and a completely redesigned **Sunday School FLEX Curriculum**, providing modern, engaging resources for religious education.

The Congress provided valuable opportunities to learn, collaborate, and share ideas with Orthodox leaders from across the country. Our delegates returned with new insights and resources that will help strengthen the ministries of Annunciation Cathedral and support our continued efforts to grow and serve our parish community.

To learn more about the initiatives introduced at the 2026 Clergy-Laity Congress and to explore the many ministries and resources of the Greek Orthodox Archdiocese of America, visit the Archdiocese's website at **GOARCH.org**.

Rise in Faith

Build with Love

"What shall I give to the Lord in return for all His goodness towards me?"

Psalm 115:12

Have You Made Your Holy Offering Yet?

Your selfless giving to Annunciation and ultimately to God, makes a real and lasting impact. Because of your generosity, our parish and its ministries continue to thrive, serve, and grow in faith.

We are still looking to raise $130,000 more to reach our goal of $400,000. Every offering, no matter the size, moves us closer to that vision.

To those who have already made a commitment for 2026, thank you. Your faithfulness is seen, felt, and deeply appreciated.

If you have not yet made your Holy Offering, we warmly invite you to take that step today. Join us on this transformational journey to become a parish that gives from the heart, offering our Time, Talent, and Treasure to God.

When we give with intention and love, we do more than support our church. We help shape it into what it is called to be. Together, we continue to grow into the image and likeness of God, building a vibrant, faithful community for generations to come.

Now is the time! Let us give, together.

Please take a moment to give from your Heart.

Annunciation Cathedral

Stewardship 2026

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In gratitude for God's blessings, I/We commit to Christ's Church the amount of $ ___ for 2026

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City _____ State _____ Zip_____

Children (Under 18)	Age

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Name as it appears on card_____ Signature_____

*All Stewards receive a monthly newsletter, If you would like to Go Green and only receive a digital copy please check this box: ☐

Annunciation Greek School

Come learn Greek with us

Open For Registration

We are committed to fostering the love of Greek language, history and traditions for our students and creating a community to celebrate Greek culture. Classes are held every Saturday from 10am to 12:15 pm. No prior knowledge or understanding of the Greek language are required!

- In person classes for ages 4-18
- Cultural enrichement
- Online adult classes
- Native speaking teachers
- Elllinomathia Certification Classes
- Vibrant community

Contact Us

Phone Number
415-351-9832

Email
greekschool@annunciation.org

Philoptochos News

Philoptochos President Attends National Convention

Grace Koutoulas, President of the Annunciation Cathedral Philoptochos, represented our parish at the **2026 National Philoptochos Biennial Convention**, held concurrently with the Clergy-Laity Congress in Cleveland, Ohio.

Reflecting on her experience, Grace shared:

"It was an honor to attend the National Philoptochos Convention this July. I had the pleasure of meeting fellow Philoptochos Sisters from across the country, representing chapters from the West Coast to the East Coast. I was deeply impressed by the warmth, knowledge, and gracious spirit of everyone I met. Each new introduction was more meaningful than the last, and I left inspired by the dedication and compassion of our national sisterhood."

The convention theme, **'Rise and Build,'** challenged us to strengthen our ministries and deepen our commitment to serving others. Through inspiring keynote speakers and educational workshops, we explored topics including chapter leadership, addressing parish challenges, hunger and homelessness, and expanding outreach programs within our communities.

I am grateful to have returned with new ideas and practical strategies to strengthen our Philoptochos chapter and expand our mission. As your current president, I look forward to leading our chapter with a renewed focus on turning **'Compassion into Action'** as we continue to serve those in need through faith, love, and service.

While in Cleveland, attendees of both the Clergy-Laity Congress and the National Philoptochos Convention also had the opportunity to visit the **Rock & Roll Hall of Fame**, which was a memorable and enjoyable experience."

We thank Grace for representing Annunciation Cathedral with dedication and enthusiasm and look forward to seeing the positive impact of the ideas and inspiration she brought home from the National Convention.

PRESIDENT'S MESSAGE by Tasso Mavroudis

This summer, during my vacation to Greece, I was blessed with the opportunity to make a pilgrimage to Constantinople and visit the Ecumenical Patriarchate, the spiritual center of the Orthodox Christian world. What began as a personal journey quickly became one of the greatest blessings and honors of my life when I was received in audience by His All-Holiness Ecumenical Patriarch Bartholomew.

Walking through the historic gates of the Phanar and into the Patriarchal Cathedral of Saint George, venerating the sacred relics, standing before the Patriarchal Throne, and praying in the Mother Church of Orthodoxy reminded me that the faith we live at Annunciation Cathedral is the same faith that has been faithfully preserved and proclaimed there for nearly two thousand years.

Before my audience, I was invited to wait in the historic Patriarchal Salon, where generations of hierarchs, clergy, and distinguished guests have been received. As I sat there, I found myself reflecting not only on my own journey, but on our entire Cathedral family and the generations of faithful parishioners whose sacrifices have built and sustained our community.

An unexpected blessing was being invited to witness the Feast Day Greetings offered to His All-Holiness by the Hierarchs of the Throne serving in Turkey and the members of the Patriarchal Court. Watching the Metropolitans greet the Patriarch and receive his blessing provided a rare glimpse into the living traditions of the Mother Church. Following the reception, I was graciously invited to join the hierarchs of the Patriarchal Court for lunch, experiencing firsthand the warmth, fellowship, and hospitality that characterize life at the Phanar.

During my audience, I had the privilege of presenting His All-Holiness with a handmade icon of the Panagia Hrisopilitisa. Inscribed on the reverse side was a letter from our Cathedral family that read, in part:

"With profound gratitude for your steadfast witness to the Orthodox faith and your unwavering leadership of the Mother Church, we offer this icon of the Panagia Hrisopilitisa as a humble expression of our love, respect, and prayers. May the Most Holy Theotokos continue to shelter and strengthen Your All-Holiness as you shepherd the faithful throughout the world."

The icon held special significance for our community. Panagia Hrisopilitisa, meaning **"Our Lady of the Golden Gate,"** beautifully reflects our Cathedral's home in San Francisco, the City by the Golden Gate. It was a fitting symbol of the enduring spiritual connection between the Mother Church of Constantinople and our parish on the western edge of the United States.

One final moment during the audience left a lasting impression on me. After receiving the icon, His All-Holiness

directed that it be placed upon the Holy Altar of the Patriarchal Cathedral of Saint George. It was a simple gesture, yet one that carried deep meaning. Standing there in the Mother Church of Orthodoxy, I was reminded once again of the enduring bond between the Phanar and Annunciation Cathedral.

I was also honored to present His All-Holiness with the plans for the completion of our Annunciation Cathedral and Metropolis Center. The moment carried special significance because His All-Holiness has long been part of our Cathedral's history. During his visit to San Francisco in 1997, he laid the cornerstone of our Cathedral. Nearly three decades later, it was a profound blessing to stand before him in the Mother Church and present the plans that will help bring that vision to completion. In many ways, it felt like sharing with him the continued progress of a vision in which he played an important role.

As my visit came to a close, I reflected on another deeply meaningful part of the pilgrimage: seeing the place where Holy Myrrh is prepared and consecrated by the Ecumenical Patriarchate. Every Orthodox Christian who is chrismated at Annunciation Cathedral receives Holy Myrrh that traces its

The Panagia Hrisopilitissa

Presented to His All-Holiness

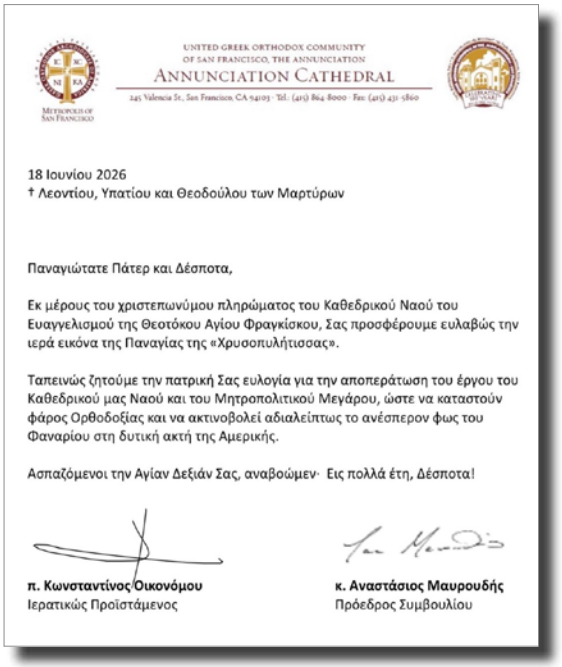
origin to the Mother Church in Constantinople. Even more inspiring was the realization that this same Holy Myrrh will one day be used in the consecration of the Holy Altar of our completed Cathedral and will continue to seal and bless every newly illumined Orthodox Christian through the Sacrament of Chrismation following their baptism at Annunciation Cathedral.

With God's help, as we continue the work of completing our Cathedral and Metropolis Center, we are building far more than a beautiful church. We are building a beacon of Orthodox Christianity for the West Coast, firmly rooted in the apostolic faith and forever connected to the Mother Church through the Holy Mysteries of our faith. Every time Holy Myrrh is used in our Cathedral, it will serve as a lasting

see page 8

Audience Chamber

His All-Holiness greeted the assembled clergy and guests during the formal audience at the Patriarchate.



UNITED GREEK ORTHODOX COMMUNITY
OF SAN FRANCISCO, THE ANNUNCIATION

ANNUNCIATION CATHEDRAL

245 Valencia St., San Francisco, CA 94103 · Tel.: (415) 864-8000 · Fax: (415) 431-5860

18 Ιουνίου 2026
† Λεοντίου, Υπατίου και Θεοδούλου των Μαρτύρων

Παναγιώτατε Πάτερ και Δέσποτα,

Εκ μέρους του χριστεπωνύμου πληρώματος του Καθεδρικού Ναού του Ευαγγελισμού της Θεοτόκου Αγίου Φραγκίσκου, Σας προσφέρουμε ευλαβώς την ιερά εικόνα της Παναγίας της «Χρυσοπυλήτισσας».

Ταπεινώς ζητούμε την πατρική Σας ευλογία για την αποπεράτωση του έργου του Καθεδρικού μας Ναού και του Μητροπολιτικού Μεγάρου, ώστε να καταστούν φάρος Ορθοδοξίας και να ακτινοβολεί αδιαλείπτως το ανέσπερον φως του Φαναρίου στη δυτική ακτή της Αμερικής.

Ασπαζόμενοι την Αγίαν Δεξιάν Σας, αναβοώμεν· Εις πολλά έτη, Δέσποτα!

π. Κωνσταντίνος Οικονόμου
Ιερατικώς Προϊστάμενος

κ. Αναστάσιος Μαυρουδής
Πρόεδρος Συμβουλίου

The Inscription

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reminder of that sacred bond and of the responsibility we share to carry the light of Orthodoxy to future generations.

Throughout my visit, what impressed me most was the Patriarch's humility, kindness, and genuine pastoral concern. I returned home inspired, grateful, and more committed than ever to the future of our Cathedral and our parish family.

I offer my deepest gratitude to His All-Holiness Ecumenical Patriarch Bartholomew for the great honor of receiving me in audience and for his warmth, humility, and fatherly kindness. I am equally grateful to His Eminence Metropolitan Gerasimos for his blessing, support, and encouragement; to our Proistamenos, Fr. Constantinos Economos; and to Paul Gikas for their assistance in arranging this extraordinary opportunity. I also extend my sincere thanks to Grand Archimandrite Iakovos and the dedicated staff of the Ecumenical Patriarchate for their gracious hospitality and Christian love throughout my visit.

I will always cherish these memories and pray that God continues to strengthen and guide the sacred ministry of the Ecumenical Patriarchate. Please join me in praying for His All-Holiness Ecumenical Patriarch Bartholomew, for His Eminence Metropolitan Gerasimos, for our clergy, and for the continued growth and vitality of our Annunciation Cathedral family.

Patriarchal Cathedral of St. George
The spiritual heart of the Ecumenical Patriarchate in Constantinople.

Patriarchal Luncheon
His All-Holiness hosted visiting hierarchs for a luncheon at the Ecumenical Patriarchate.

Relics of the Three Hierarchs
The sacred relics of St. Basil the Great, St. Gregory the Theologian, and St. John Chrysostom.

The Historic Patriarchal Gate
Permanently closed in memory of Ecumenical Patriarch Gregory V, martyred there on Pascha in 1821.

The Lord's Binding Column
Venerated by tradition as the place where Christ was bound before His Passion.

The Angels By Alexander Kozak

I am so pleased that I get so many students at my Introduction to Orthodoxy classes over Zoom on Tuesday nights! Even the World Cup games left me with a solid quorum of students. This past month, we have discussed holy relics, SS. Peter and Paul, St. John Maximovitch, and angels.

The latter topic interests me deeply. How many angels are there? "Myriads of myriads and thousands of thousands," the Book of Revelation tells us -- and yet the Church only knows the names of a few.

They are older than the world we know, and yet we are told that each of us has one of them as "a faithful guide, a guardian of our souls and bodies" (as we pray in the Divine Liturgy). Christianity thrives on wonder and paradox, and the idea that we who live such a short time on this earth should be of concern to creatures of such awesome longevity informs our sense of the dignity of human beings.

Consider also that we are, in the words of the Psalmist, made "a little lower than the angels." And yet the mother of God is the one whom we regularly praise as "more honorable than the Cherubim and beyond compare more glorious than the Seraphim." Surely she reveals to us human potential, our own potential.

The angels guide us on our path to spiritual enlightenment and accompany us in prayer. Churches have "angelic doors" through which priests make their entrances, and indeed, before the Little Entrance, the priest stands at one of the doors and prays that the angels enter the church with him. The idea of angels and humans worshipping together is an image of the Church as a powerful body that transcends the here-and-now.

If you are interested in becoming an Orthodox Christian, know someone else who is, or even if you are just interested in refreshing your knowledge of the faith, reach out through the cathedral's website and you can join us in our 8 p.m. classes on Tuesday night over Zoom.

Help Us Market Our 75th Annual Greek Food Festival!

Our **75th Annual Greek Food Festival** is just around the corner, and we need your help to make this milestone celebration one to remember. The marketing team is busy spreading the word with our refreshed festival branding and we hope you will, too. How?

Next time you're at church, pick up a few posters and postcards outside the Narthex and share them with friends, neighbors, coworkers, and local businesses.

Follow our posts on Facebook (**SFGreekFestival**) and Instagram (**@SFGreekFestival**) – and like, comment on, and share our posts.

Every effort helps increase our visibility, welcome more guests, and make our 75th festival our biggest celebration yet!

Evangelism Updates

by Bradley banks

We have recently welcomed two new seekers who have expressed interest in becoming Orthodox Christians. Please keep them in your prayers as they begin their journey of inquiry and catechesis.

Our Annunciation.org website has been updated to better welcome visitors and those exploring the Orthodox faith. If friends, family members, or coworkers ask you about Orthodoxy, we encourage you to share our website—especially the Welcome and Frequently Asked Questions (FAQ) page, which provides a helpful introduction to the faith and answers to many common questions.

Byzantine Music: Parakleseis

By Alexander Kozak

August is the month of the Panagia, the all-holy mother of God. On August 15 we commemorate her falling asleep in the Lord and her translation into heaven, and so intense is our focus on that occasion that we precede it with a two-week fast. During this time it is not uncommon to chant one of the two parakleseis to the Theotokos every day, alternating between the Small and Great Parakleseis.

A paraklesis is an intercessory service. The word refers to calling someone -- the mother of God, another saint, one's guardian angel -- to one's aid. The Small Paraklesis to the Theotokos may be chanted almost any time, while the Great Paraklesis is confined to the period of the Dormition Fast.

Each service is famous for its canon, an extended thematic hymn. The Small Paraklesis was composed in the ninth century A.D. by Theosterictus the Monk, while the Great Paraklesis was composed by the Byzantine Emperor Theodore II Laskaris in the thirteenth century A.D. Each ode of a canon has a memorable melody that is repeated several times, making the music feel especially accessible and familiar, even on first hearing.

The Small Paraklesis opens with a well-known sentiment:

By many temptations am I distressed. Praying to be rescued, for salvation I run to you. O Virgin and Mother of the Logos, from all afflictions and evils deliver me.

This theme is drawn out over the rest of the service in terms that are as passionate as they are theological. The mother of God is revealed to be the linchpin of the economy of our salvation, and the paraklesis services give us the words in which we may express our need for her.

I encourage you to familiarize yourself with the music of these services, and particularly of the canons, in both Greek and English. But if you can come to one or more parakleseis this August, please do. They are a wholesome example of Orthodox music joining with Orthodox theology to offer us consolation.

Kali Panagia!

ANNUNCIATION CATHEDRAL

— SAN FRANCISCO, CALIFORNIA —

PANIYIRI *for* AUGUST 15TH

ΔΕΚΑΠΕΝΤΑΥΓΟΥΣΤΟΣ

της Παναγίας

A DAY OF FAITH, FAMILY & CULTURE

✝

CELEBRATING OUR LADY, THE THEOTOKOS

WE HONOR HER, AND GIVE THANKS TO GOD

ALL ARE WELCOME!

SATURDAY, AUGUST 15TH

Right after Liturgy around 11:30 AM

AT THE ANNUNCIATION CATHEDRAL

In the Courtyard

BRING YOUR FAMILY & FRIENDS

and join us as one community!

SOUVLAKIA | GREEK SALAD | RICE PILAF | BREAD | LOUKOUMADES | DRINKS

$10 SUGGESTED DONATION

✝

Your donation helps support our Cathedral and the ministries that bring our community together.

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or call the Church Office

(415) 864-8000

ADVANCE RESERVATIONS ARE RECOMMENDED.

FAITH. FAMILY. CULTURE.

Festival Donations

Making a donation to help underwrite the ingredients we need to make the delicious dishes we serve the community and other festival-related expenses is a great way to contribute to the success of the Greek Festival.

Here is a list of some of the items that we need donated. Of course, we will accept any monetary or the actual food donation (Donations in Kind). If you would like to make a donation please call Dean Nicolacakis at 330.283.4986 or send an email to **dean.nicolacakis@annunciation.org** along with completed form**. All donations are requested by Friday, September 11, 2026.**

All donors will be published in the Herald, on social media, in the Commemorative Festival Album and any other donor acknowledgement displays!

Thank you so much - we couldn't do this without you!!

Item	Approx Cost
❑ Greek Coffee	$100
❑ Metaxa	$200
❑ Olives	$200
❑ Yogurt	$200
❑ Eggplant	$250
❑ Regular Coffee	$300
❑ Potatoes	$300
❑ Eggs	$300
❑ Onions	$300
❑ Bell Peppers	$300
❑ Lemons	$300
❑ Cucumbers	$400
❑ Ouzo	$400
❑ Walnuts	$400
❑ Green Beans	$500
❑ Pita	$500
❑ Flour	$500
❑ Tomatoes	$600

Item	Approx Cost
❑ Olive Oil	$750
❑ Pilafi	$1000
❑ Bread	$1000
❑ Butter	$1000
❑ Feta Cheese	$1500
❑ Cheese for Tiropites	$1500
❑ Chicken	$2000
❑ Beer	$2000
❑ Wine	$2000
❑ Soda	$2000
❑ Lamb	$4000
Other items:	
❑ Decorations	$2000
Marketing:	
❑ Social Media Campaign	$1200
❑ Street Lamp Banners	$4500
❑ Paper Goods	$6500

(*Check all that apply*.) I'd like to make a: ❑ Cash Donation ❑ Donation in Kind

Please apply towards preparation of:_____ $_____

All donations are fully tax-deductible to the extent permitted by law. PLEASE MAKE CHECKS PAYABLE TO: "Annunciation Cathedral"

For Payment by Credit Card: ❑ American Express ❑ Mastercard ❑ Visa

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PLEASE NOTE THAT YOUR NAME WILL BE PLACED IN THE 2026 Commemorative Festival Album and other acknowledgment displays. In the space below please write how you would like your name to appear:

Name: _____

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Our 75th Annual

SF Greek Food Festival

Sept 18-20, 2026

Fri-Sat 11 am – 10 pm
Sun 11 am– 7 pm

245 Valencia St, SF

Free Admission

ANNUNCIATION CATHEDRAL
SAN FRANCISCO, CALIFORNIA

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10AM Festival Cooking 3 PM Holy Confessions 4 PM Great Vespers & Agiasmos
2 9th Sunday of St. Matthew 8:30 AM Orthros 9:45 AM Divine Liturgy 12 PM Festival Cooking	3 6 PM Paraklesis of the Theotokos	4 6 PM Paraklesis of the Theotokos 8-9 PM Introduction to Orthodoxy (Zoom)	5 Metamorphosis of the Savior 6 PM Evening Divine Liturgy 8-10 PM Open Gym Basketball	6	7 9AM-5PM Philoptochos - Galaktoboureko Baking 6 PM Paraklesis of the Theotokos	8 10AM Festival Cooking 3 PM Holy Confessions 4 PM Great Vespers
9 10th SUNDAY OF MATTHEW 8:45 AM Orthros 10 AM Divine Liturgy 12 PM Festival Cooking	10 6 PM Paraklesis to the Theotokos	11 6 PM Paraklesis to the Theotokos 8-9 PM Introduction to Orthodoxy (Zoom)	12 6 PM Paraklesis to the Theotokos 7:30 PM Parish Council Meeting 8-10 PM Open Gym Basketball	13 6 PM Paraklesis to the Theotokos	14 6 PM Great Vespers of the Dormition	15 Dormition of the Theotokos 8:30 AM Orthros 9:45 AM Divine Liturgy GOYA Elections Panagias Panigyri
16 11th SUNDAY OF MATTHEW 8:30 AM Orthros 9:45 AM Divine Liturgy 12 PM Festival Cooking	17	18 5:30 PM Community Kitchen 8-9 PM Introduction to Orthodoxy (Zoom)	19 8-10 PM Open Gym Basketball	20	21	22 9AM - 1PM Greek School 3 PM Holy Confessions 4 PM Great Vespers 5 PM Festival Cooking
23 12th SUNDAY OF MATTHEW 8:30 AM Orthros 9:45 AM Divine Liturgy 12 PM Festival Cooking Dance Practice 12:30 PM - 4 Pm	24 St. Kosmas the Aetolian 6 PM Evening Divine Liturgy	25 8-9 PM Introduction to Orthodoxy (Zoom)	26 St. Phanourios the Martyr 6 PM Evening Divine Liturgy 8-10 PM Open Gym Basketball	27	28 10:30 AM Philoptochos - Galaktoboureko Baking 4 PM Festival Cooking	29 Beheading of St. John the Baptists 8:30 AM Orthros 9:45 AM Divine Liturgy 9AM - 1PM Greek School 3 PM Festival Cooking 3 PM Holy Confessions 4 PM Great Vespers

CHURCH SERVICES

August 2026

Date	Service	Time
Saturday August 1 st	Εξομολόγηση – Holy Confessions Μέγας Εσπερινός & Αγιασμός – Great Vespers & Blessing of Holy Water	3 PM 4 PM
Sunday August 2nd	**Θ' ΚΥΡΙΑΚΗ ΜΑΤΘΑΙΟΥ - 9th SUNDAY OF ST. MATTHEW** Όρθρος - Orthros Θεία Λειτουργία - Divine Liturgy	8:30 AM 9:45 AM
Monday & Tuesday	**Every Night Paraklesis to the Theotokos**	6 PM
Wednesday August 5th	**Metamorphosis of the Savior - Vigil - Vespers, Orthros & Divine Liturgy**	6 - 9 PM
Friday August 7th	**Paraklesis to the Theotokos**	6 PM
Saturday August 8th	Εξομολόγηση – Holy Confessions Μέγας Εσπερινός – Great Vespers	3 PM 4 PM
Sunday August 9th	**Ι' ΚΥΡΙΑΚΗ ΜΑΤΘΑΙΟΥ - 10th SUNDAY OF ST. MATTHEW** Όρθρος - Orthros Θεία Λειτουργία - Divine Liturgy	8:30 AM 9:45 AM
Monday - Thursday	**Every Night Paraklesis to the Theotokos**	6 PM
Friday August 14th	**Μέγας Εσπερινός της Κοιμήσεως– Great Vespers of the Dormition**	6 PM
Saturday August 15th	**ΚΟΙΜΗΣΙΣ ΤΗΣ ΘΕΟΤΟΚΟΥ - DORMITION OF THE THEOTOKOS** Όρθρος - Orthros Θεία Λειτουργία - Divine Liturgy	8:30 AM 9:45 AM
Sunday August 16th	**ΙΑ' ΚΥΡΙΑΚΗ ΜΑΤΘΑΙΟΥ - 11th SUNDAY OF ST. MATTHEW** **ΙΩΣΗΦ Ο ΗΣΥΧΑΣΤΗΣ - JOSEPH THE HESYCHAST** Όρθρος - Orthros Θεία Λειτουργία - Divine Liturgy	8:30 AM 9:45 AM
Saturday August 22nd	Εξομολόγηση – Holy Confessions Μέγας Εσπερινός – Great Vespers	3 PM 4 PM
Sunday August 23rd	**ΙΒ' ΚΥΡΙΑΚΗ ΜΑΤΘΑΙΟΥ - 12th SUNDAY OF ST. MATTHEW** **ΑΠΟΔΟΣΙΣ ΤΗΣ ΚΟΙΜΗΣΕΩΣ - APODOSIS OF THE DORMITION** Όρθρος - Orthros Θεία Λειτουργία - Divine Liturgy	8:30 AM 9:45 AM
Monday August 24th	**St. Kosmas the Aetolian - Vigil - Vespers, Orthros & Divine Liturgy**	6 - 9 PM
Wednesday August 26th	**St. Phanourios the Martyr - Evening Divine Liturgy**	6 PM
Saturday August 29th	**Beheading of St. John the Baptist** Όρθρος - Orthros Θεία Λειτουργία - Divine Liturgy Εξομολόγηση – Holy Confessions Μέγας Εσπερινός – Great Vespers	8:30 AM 9:45 AM 3 PM 4 PM
Sunday August 30th	**ΙΓ' ΚΥΡΙΑΚΗ ΜΑΤΘΑΙΟΥ - 13th SUNDAY OF ST. MATTHEW** Όρθρος - Orthros Θεία Λειτουργία - Divine Liturgy	8:30 AM 9:45 AM
Monday August 31st	**Τιμία Ζώνη της Θεοτόκου - Placing of the Sash of the Holy Theotokos** Όρθρος - Orthros Θεία Λειτουργία - Divine Liturgy	8:30 AM 9:30 AM